



Resources for Children with Special Needs

Americans with Disabilities Act (ADA)

The Americans with Disabilities Act is the most comprehensive civil rights legislation adopted to prohibit discrimination against individuals with disabilities.

Access Pass

The Access Pass provides access to more than 2,000 recreation sites throughout the U.S.

- Free pass for documented permanently disabled people
- Free entrance fees at any place that accepts the pass
- Free or discounted amenities at any place that accepts the pass

Website: www.store.usgs.gov/pass/access.html

National Parks, Monuments, Forests, Wildlife Refuge, Fishing Services

- Free admittance with Access Pass for disabled persons and their carpool
- 50% off most amenities

Center for Children with Special Needs

The Center for Children with Special Needs provides information to families and professionals focusing on children who have chronic physical, developmental, behavioral or emotional conditions such as asthma, cancer, autism, or cerebral palsy. The Center for Children with Special Needs website has many helpful links which provide information on a variety of summer activities throughout Washington State, as well as resources for parents.

Website: www.cshcn.org

Provail

Provail's mission is to help children and adults with disabilities live better lives. They are a private, multi-service agency dedicated to meeting the needs of people with all types of disabilities.

Website: www.provail.org

Northwest Center Child Development

Northwest Center Child Development Program is an inclusive program that serves children with and without disabilities. Programs include early intervention services for children with disabilities, early learning programs, full-day child care, before and after school care.

Website: www.nwcenterkids.org

Bellevue Youth Theatre

The Bellevue Youth Theatre blends the wisdom of children with the youthful enthusiasm of seniors. People with disabilities, families and senior citizens are encouraged to participate.

Website: www.bytf.org

Summer Camps & Recreational Activities

Aspiring Youth - West Seattle/Bellevue/Redmond/Seattle

Aspiring Youth offers multiple camps designed for kids ages of eight and up which are provided with an exciting choice for activities, from video production to habitat restoration to art. With these enrichment activities as a foundation, their masters level of counselors help campers build confidence and connect to new friends.

Website: <http://www.aspiringyouth.net>

Phone: (206) 517-0241, Email: info@aspringyouth.net

Basic Beginnings - Kirkland

Basic Beginning's mission is to provide children with autism and other special needs the opportunity to gain the necessary basic social and life skills to build confidence and independence for his or her future. Basic Beginning's also offers Camp Friendship and Teens Rock.

Website: <http://basicbeginnings.net/>

Camp Director: Tabitha Troutman, Phone: (425) 922-7720

Blue Compass Camps

Blue Compass' mission is to provide opportunities for children and adolescents to grow socially and emotionally through motivating peer-group adventure experiences. Blue Compass is a collection of summer camps based out of Seattle, Washington for kids and teens ages 7-18 with Asperger's, High-Functioning Autism, and ADHD who can benefit from outdoor adventures focused on building social skills and self-confidence.

Website: www.bluecompasscamps.com

Phone: (971) 221-6441

Camp Berachah - Auburn

Camp Berachah has been providing events and camps for thousands of youth, adults, families, and churches throughout the Pacific Northwest. Camp Berachah offers a wide variety of programs and facilities that are available for Christian churches, non-profit organizations, and families.

Website: www.campberachah.org

Special Needs Coordinator: Natalie Head, Email: nhead@campberachah.org

Phone: (253) 939-0488

Link to Schedule: <http://www.campberachah.org/camps.html>

Camp Fire - Seattle

Camp Fire inspires and enables youth (5+) of all backgrounds and abilities to discover their spark, value the natural world, and become tomorrow's leaders, today. This camp serves children with physical disabilities, learning and developmental disabilities, behavioral disorders, and general medical conditions. Camp Fire Central Puget Sound has been delivering high quality programming for more than a century in the Seattle area and currently serves more than 8,000 youth and their families annually. Camp Fire also offers day camps in various locations in the Central Puget Sound area: North Seattle, Bothell, Issaquah, Auburn, and Kent.

Website: <http://campfireseattle.org/>

Phone: 206-826-8941

Camp Korey - Carnation

Camp Korey's mission is to honor the courage, strength, and determination of children living with serious and life-altering medical conditions and their families; and to provide them with a safe, friendly, medically sound environment in which to simply have fun and be kids. Camp Korey hosts children with serious illnesses and their families. Camp Korey hosts summer camp sessions, year-round Hospital Outreach, family weekends, youth programs, all-camper events, and more! Camp programs are free to children and their families.

Website: www.campkorey.org

Phone: (425) 844-3100, Email: camperrecruiter@campkorey.org

Link to Schedule: <http://campkorey.org/camper-programs/summer-camp>

Camp Stand By Me - Vaughn, Pierce County

Camp Stand By Me is a fully accessible recreational facility providing summer camps for children and adults of any age with any disability. The camp's facilities and trained staff allow campers to participate in all activities, regardless of their disabilities, giving each camper the opportunity to have a fully inclusive experience that he or she will never forget!

Website: <http://www.easterseals.com/washington/>

Phone: (206) 281-5700 or toll free (800) 678-5708

Link to Schedule: <http://www.easterseals.com/washington/our-programs/camping-recreation/camp-programs-schedules.html>

C.A.S.T for Kids Foundation

C.A.S.T. "Catch a Special Thrill" for Kids Foundation is a public charity that was formed in 1991 to join volunteers who love to fish with disabled and disadvantaged children for a day of fishing in the outdoors.

Website: www.castforkids.org/

Phone: (425) 251-3202

Link to Schedule: <http://www.castforkids.org/events-calendar/cast-events/>

Highland Community Center Summer Day Camp - Bellevue

The Highland Community Center provides programs that give individuals with disabilities opportunities for recreation, socialization, and learning. The programs help individuals participate more successfully in the community. The center also offers a wide array of recreation, sports, fitness, cultural arts and social programs.

Website: http://www.bellevuewa.gov/highland_center.htm

Phone: (425) 452-7686

Kiwanis Camp Casey - Whidbey Island

Camp Casey is a week long summer camp in August provided by North Central of Seattle Kiwanis Club for children ages 6-17 with physical disabilities. The camp takes place on Whidbey Island, transportation is provided from the North Seattle area. The camp has been funded for over 75 years by the Seattle North Central Kiwanis Club and is free of charge.

Website: <http://www.campcasey.org/>

Camp Director: Barb Williams, Phone: (206) 713-7515

Lakeside Center for Autism TAG (Together Achieving Goals) Summer Camp - Issaquah

Lakeside's TAG! Summer Program grants opportunities to children with disabilities to participate in an individualized program that is centered upon providing social, emotional, and academic support during the summer. The program hopes to provide social and emotional growth and can work with your child's school to provide effective methods of academic support. There are four sessions available to kids age 5-10, the camp is from 8:30-12:30 Monday through Thursday running from June 30th until August 21st.

Website: <http://lakesideautism.com/wp-content/uploads/TAG-SUMMER.jpg>

Camp Director: Heather, Email: HeatherL@lakesideautism.com

Phone: (425) 657-0620

Lions Camp Horizon - Blaine

Lions Camp Horizon hosts approximately 200 special needs campers at one of its six regular sessions. Camps run from Sunday to Thursday and accept a wide range of special needs conditions and generally try to accommodate all campers who can benefit from our range of activities. Each application is reviewed by their staff to ensure that the camp environment and activities are appropriate for the camper.

Website: www.lionscamphorizon.org

Camp Director: Emily Dickson, Email: campdirector@lionscamphorizon.org

Phone: (360) 371-0531

Little Bit Therapeutic Riding Center

Little Bit Therapeutic Riding Center's program takes place at Dunmire Stables in Redmond. Its purpose is to improve the lives of children and adults with disabilities through the help of horses. All children age 5 and up are welcome to attend the weeklong day camp.

Website: <http://www.littlebit.org/program/summer-camp.html>

Phone: (425) 882-1554, Email: LittleBit@LittleBit.org

M-Bar-C Ranch - Freeland

M-Bar-C promotes old-fashioned fun through western adventure. The ranch provides a safe and enriching environment where everyone, despite physical or mental limitations, has the opportunity to enjoy being a kid for a day. Visits to the Ranch are free!

Website: www.m-bar-c.org/index.htm

Phone: (360) 331-6019, Email: admin@m-bar-c.org

Link to Schedule: <http://www.m-bar-c.org/Calendar.htm>

Music Works Northwest - Bellevue

Music Works Northwest offers a wide variety of programs and facilities that are available for children and teens between the ages 4-18 who enjoy singing, playing instruments or listening to music.

Phone: (425) 644-0988, Email: registration@musicworksnw.org

Website: <http://www.musicworksnw.org/programs/summer-camps.html>

Northwest Trek Wildlife Park

The entire park is ADA accessible and wheelchairs can be secured to Trams for park tours.

Website: <http://www.nwtrek.org/>

Phone: (360) 832-6117

Outdoors for All Day Camp - Seattle and Issaquah

Outdoors for All Day Camps provide an active camp environment for children with and without disabilities ages 5 – 21. The camps are designed to provide a welcoming, fun and nurturing environment; activities are structured as “challenge by choice”, allowing for a wide variety of abilities, fitness and fun!

Website: <https://outdoorsforall.org/programs/programs-services/>

Phone: (206) 838-6030 x200, Program Hotline: (206) 838-4995

Professional Association of Therapeutic Horsemanship International

More than 6,500 PATH Intl. members help more than 42,000 children and adults with physical, mental and emotional challenges find strength and independence through the power of the horses each year.

Website: www.pathintl.org

PATH Intl partners include,

Auburn Website: www.campberachah.org, Auburn Email: lstrappello@campberachah.org

Auburn Phone: (253) 939-0488

Ellensburg Website: <http://www.spirittrc.com/>, Ellensburg Email: stridesthc@yahoo.com

Ellensburg Phone: (509) 929-1401

Graham Website: www.changingrein.com, Graham Email: sandra@changingrein.com

Graham Phone: (253) 820-3289

Redmond Website: www.littlebit.org, Redmond Email: littlebit@littlebit.org

Redmond Phone: (425) 882-1554

Spanaway Website: www.equestspecialriders.org, Spanaway Email: Debbie.maroon@comcast.net

Spanaway Phone: (253) 539-9160

Wenatchee Website: <http://alatheiaridingcenter.com/>, Wenatchee Email: info@alatheiaridingcenter.com

Wenatchee Phone: (509) 630-8710

Winthrop Website: www.mvriding.org, Winthrop Email: annieb@mvriding.org

Winthrop Phone: (509) 996-9881

Yelm Website: www.rtriding.org, Yelm Email: saddleup@rtriding.org

Yelm Phone: (360) 400-1000

Public Pools:

Seattle Pools: Many Seattle Public Pools are ADA accessible and equipped to accommodate individuals with special needs. *Seattle Indoor Pools:* Ballard Pool, Queen Anne Pool, Meadowbrook Pool, Medgar Evers Pool, Southwest Pool, Evans Pool, Madison Pool. *Seattle Outdoor Pools:* Colman Pool

Website: <http://www.seattle.gov/parks/pools.asp>

Swim Center at Forest Park (Everett)-

Discount for people with disabilities and free for (1) caregiver.

Website: <http://everettwa.gov/738/swim-Center>

Phone: (425) 257-8312

Eastern WA Pools: In Eastern Washington there are public pools that are equipped to accommodate individuals with special needs. *Indoor Pools:* Eastmont YMCA Aquatic Center Wenatchee, WA; Kittitas Valley Memorial Pool and Fitness Center Ellensburg, WA. *Outdoor Pools:* Wenatchee city pool.

Sailing Heritage Society

The Sailing Heritage Society provides therapeutic sails for children and their families to help ease the physical and emotional burden of cancer and other serious illnesses. The society builds self-confidence and skills development by engaging at-risk and marginalized youth through our Challenge Sails program, leading to improved self-esteem and resiliency. The Sailing Heritage Society welcomes people with a wide range of emotional, mental or physical challenges on sailing trips.

Website: www.sailingheritage.org/index.html

Phone: (206) 381-6919, Email: membership@sailingheritage.org

Seattle Adaptive Sports

Adaptive Sports is dedicated to the promotion and well being of physically challenged individuals, by giving them the opportunity to participate and compete in athletic and recreational activities, including basketball and track. Participants benefit from the physical activity and social opportunities offered by the organization, improving self-esteem and physical well being, as well as independence.

Website: www.seattleadaptivesports.com

Phone: (206) 726-3984, Email: info@seattleadaptivesports.org

Seattle Children's PlayGarden - Seattle

PlayGarden offers a developmentally appropriate nature-based camp offered for kids (1-18) with all abilities. Weekly summer camps begin in June and go through August.

Website: <http://www.childrensplayground.org/>

Phone: 206-325-5576

Special Olympics Washington:

Special Olympics Washington provides year-round sports training and athletic competition in a variety of Olympic type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in the sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Website: www.specialolympicswashington.org

Phone: (206) 362-4949 Fax: (206) 361-8158

Email: info@sowa.org

Stanley Stamm Summer Camp

The Stanley Stamm Summer Camp gives children the opportunity to partake in outdoor activities such as: fishing, horse riding, and a sleepover near Mt. Rainier. The camp occurs in August for children aged 6-14 years old who are patients at Seattle Children's Hospital.

Website: <http://www.seattlechildrens.org/clinics-programs/stanley-stamm-summer-camp/>

Phone: (206) 987-CAMP (2267)

UW Autism Center Summer Day Camp – Seattle

The University of Washington Autism Center Summer Day Camp is designed for 6-12 year olds with Asperger's disorder and related disabilities. Campers have the opportunity to develop friendships and learn important social interaction skills. The camp will provide fun activities and field trips around the Seattle area including hiking, bowling, and swimming.

Website and Schedule: http://depts.washington.edu/camp2013/Apex_Summer_Camp/Home.html

Phone: (206) 221-5235, Email: apex@uw.edu

Washington Youth Soccer TOPSoccer Program

The Outreach Program for Soccer (TOPSoccer) is a program for players 4 years of age and older who have developmental and/or physical disabilities. TOPSoccer creates an opportunity for kids with disabilities to be part of the soccer community, where they grow emotionally and physically and where their families, coaches and friends connect to share in the joy of playing soccer. TOPSoccer operates state-wide and hosts multiple events within the district.

There also is a Summer Camp Directory which provides information on many other summer programs for children with special needs. The directory can be found at this link:

<http://cshcn.org/resources-contacts/summer-camp-directory>

Seattle Attractions

Experience Music Project (EMP)

- Caregivers free
- Hearing/Visual disability discount rates
- No set policy, but case by case discounts

Pacific Science Center

- Caregivers free
- All general exhibits are wheelchair accessible
- Both Pacific Science Center theaters are wheelchair accessible

Seattle Aquarium

- Disabled adults receive \$2 off admission
- Caregivers free

Seattle Children's Museum

- All exhibits wheelchair accessible
- If child has medical coupon, admission is free
- Opens early the first Saturday of every month and invites kids with autism and their families in for a \$3 admission fee

The Museum of Flight

- ADA compliant exhibits

Woodland Park Zoo

- All disabled people receive \$2 off admission
- Caregivers free
- Free disabled parking with visible pass

**Cinemas offering select G & PG movies for \$1 on
Tuesdays and Wednesdays at 10AM.**

Auburn:

- Auburn Stadium 17
June 23-August 19

Bellevue:

- Crossroads Stadium 8
June 23-August 19

Bonney Lake:

- Regal Tall Firs 10
June 23-August 19

Everett:

- Everett Stadium 16 & PRX
June 23-August 19

Lynnwood:

- Alderwood Stadium 7 & PRX
June 23-August 19

Puyallup:

- Regal Longston Place Stadium 14
June 23-August 19

Renton:

- The Landing Stadium 14 & PRX
June 23-August 19

Seattle:

- Thornton Place Stadium 14 & IMAX
June 23-August 19

Movie listings and other participating theaters can be found at:
<http://www.regmovies.com/movies/summer-movie-express>

ADA Accessible Parks

Auburn:

- Les Grove Park

Bellevue:

- Ashwood Playfield
- Bovee Park
- Chism Beach Park
- Crossroads Park
- Enatai Community Park
- Goddard Mini Park
- Goldsmith Neighborhood Park
- Hidden Valley Sports
- Hillaire Park
- Lake Hills Community Park (Boat Park)
- Lattawood Park
- McCormick Park
- Meydenbauer Beach Park
- Sixth Street Park
- Spiritridge Park
- Sunset Park
- Wildwood Park

Ellensburg:

- Irene Rinehart Riverfront Park
- Kiwanis Park
- Kleinberg Park
- Lions/Mountain View Park
- McElroy Park
- Memorial Pool & Fitness Center
- Paul Rogers Wildlife Park
- Reed Park
- Rotary Park
- Veterans Memorial Park
- West Ellensburg Park
- Wippel Park
- Youth Center

Issaquah:

- Around the Lake Trail
- Bus Trail

Mercer Island:

- Homestead Park
- Island Crest Park
- Luther Burbank Park
- Mercerdale Park
- Pioneer Park
- South Mercer Playfields

Renton:

- Cedar River Park
- Gene Coulon Memorial Beach Park
- Liberty Park
- Philip Arnold Park
- Riverview Park
- Thomas Teasdale Park

Sammamish:

- Beaver Lake Park
- Ebright Creek Park
- East Sammamish Park
- Eastlake Community Fields
- NE Sammamish Park
- Pine Lake Park
- Sammamish Park Roller Commons
- Skyline Community Fields

Seattle:

- Ballard Community Center
- Bitterlake Playfield
- Cal Anderson Park
- Colman Playground
- Denny Park
- Ercolini Park
- Green Lake Park
- Genesee Playfield
- Golden Gates Park
- Littlebrook Park
- Maple Wood Playfield
- Magnolia Community Center
- Meadowbrook Community Center
- Powell Barnett Park
- Pratt Park
- Roxhill Playground
- Ravenna Park
- Riverview Playfield
- Rainier Community Center
- Rainier Valley Park (The Seattle Children's PlayGarden)
- Soundview Playfield
- Van Asselt Community Center

Snoqualmie:

- Autumn Park
- Azalea Park
- Borden Park
- Bybee Park
- Carmichael Park
- Cascade Park
- Centennial Park
- Chanticleer Park
- Cottonwood Park
- Crestview Park
- Curtis Park
- Denny Peak Park
- Dogwood Park
- Eagle Park
- Fisher Creek Park
- Hoff Park
- Ironwood Park
- Kinsey Park
- Koinonia Park
- Muir Park
- Railroad Community Park
- Raven Park
- Riverview Park
- Rotary Park
- Sandy Cove Park
- Silent Creek Park
- Snoqualmie Community Park
- Snoqualmie Point Park
- Stellar Park
- Swenson Park
- Three Forks Natural Area

- Whitaker Park
- Woody Creek Park
- Volunteer Park
- Westcrest Park
- View Ridge Playfield
- Thompson Park

Washington State Parks:

- 15 Mile Creek Educational Site
- Asahel Curtis Picnic Area
- Denny Creek Campground
- Issaquah Hatchery
- Mt. Si Trailhead
- Soos Creek Hatchery
- Tiger Summit Trailhead

Wenatchee/East Wenatchee Parks:

- Centennial park
- Chase Park
- Lincoln Park
- Locomotive Park
- Memorial Park
- Kiwanis Methow Park
- Pennsylvania Park
- Pioneer Park
- Rainbow Park
- Rotary Park
- Washington Park
- Wenatchee Park
- Western Hills Park

Additional ADA Accessibility information for Washington State Parks can be found at:

<http://www.parks.wa.gov/156/ADA-Recreation>